## SUNSHINE COMMUNITY HEALTH CENTER

## Suicide & Crisis Hotline: 988

(Available 24/7) Careline Alaska 877-266-HELP (Available 24/7) Text '4help' to 839863 (3-11PM Tue-Sat) Mental Health Hotline 866-903-3787 (Available 24/7) Life Quest 907-376-2411 (Available 24/7) 800-478-2410 (Available 24/7) 24 Hour Crisis Hotline 907-563-320? (Available 24/7) Mat-Su Health Services 907-376-2411 (Available 24/7)

BEHAVIORAL HEALTH DIRECT 907-733-9292 TALKEETNA CLINIC 907-733-2273 (CARE) WILLOW CLINIC 907-495-4100



## Domestic Violence & Sexual Assault Hotlines

Alaska Family Services Crisis Line 907-746-4080 (Available 24/7) 866-746-4080 (Available 24/7) Alaska Family Services Shelter 907-746-8026 Abused Women's Aid in Crisis 907-272-0100 (Available 24/7) Sexual Trauma & Response STAR 907-276-7273 (Available 24/7)

Sometimes life becomes overwhelming and immediate help is needed. Our staff have scheduled openings daily to provide telehealth or in-person assistance. If you or a loved one is in crisis and are unable to contact our agency or other crisis contacts please dial 911 or go to your nearest emergency room.